

# Black Hawk County Resources

Updated January 2015

## **FOOD ASSISTANCE & PANTRIES**

### **Apostolic Pentecostal Church**

Address: 1645 Downing Ave., Waterloo, IA 50701

Phone: 319.234.2920

Website: [www.apcwaterloo.com](http://www.apcwaterloo.com)

Pantry: 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays 5:00pm-6:00pm and by apt.

### **Black Hawk County Department of Human Services**

Address: 1407 Independence Ave, Waterloo, IA 50703

Phone: 319.291.2441 or 1.877.YES.FOOD (1.877.937.3663)

Website: [http://dhs.ia.gov/Consumers/Find\\_Help/County\\_Offices/BlackHawk.html](http://dhs.ia.gov/Consumers/Find_Help/County_Offices/BlackHawk.html)

HOO: Monday-Friday 8:00am-4:30pm

Description: Food Assistance & Family Investment Program (FIP)

### **Cedar Valley Food Pantry**

Address: 1605 Lafayette St., Waterloo, IA 50704

Phone: 319.235.0507

Website: [www.northeastiowafoodbank.org](http://www.northeastiowafoodbank.org)

Pantry: Monday-Thursday 8:00am-4:30pm & Friday 8:15am-11:15am

### **Christian Fellowship Baptist Church Pantry**

Address: 930 W 4<sup>th</sup> St., Waterloo, IA 50702

Phone: 319.232.2018

Pantry: Call for information

### **Countryside Vineyard**

Address: 3467 Lafayette Rd., Evansdale, IA 50707

Phone: 319.433.1368

Website: [www.countrysidevineyard.org](http://www.countrysidevineyard.org)

Pantry: Every other Saturday 10:30am-11:30am

### **First Assembly of God**

Address: 745 April St., Waterloo, IA 50701

Phone: 319.235.7729

Website: [www.celebrationfirstassembly.com](http://www.celebrationfirstassembly.com)

Pantry: By appointment

### **Grace Baptist Church**

Address: 3820 Hammond Ave., Waterloo, IA 50702

Phone: 319.233.6196

Website: [www.gbcw.org](http://www.gbcw.org)

Pantry: By appointment

### **Harvest Vineyard Church Pantry**

Address: 715 E 4<sup>th</sup> St., Waterloo, IA 50703

Phone: 319.287.5711

Website: [www.waterlooharvestvineyard.wordpress.com](http://www.waterlooharvestvineyard.wordpress.com)

Pantry: Tuesday-Friday 9:00am-2:00pm

### **Jesse Cosby Neighborhood Center: Food Pantry & Voucher Program**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319.234.1793

Website: [www.jessecosby.org](http://www.jessecosby.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: By partnering with the Northeast Iowa Food Bank, the Jesse Cosby Neighborhood Center operates a small food pantry to assist individuals & families who are experiencing food insecurity. Also provides Farmers Market coupons.

### **Nazareth Evangelical Lutheran Church**

Address: 7401 University Ave., Cedar Falls, IA 50613

Phone: 319.266.7589

Website: [www.nazarethlutheran.org](http://www.nazarethlutheran.org)

Pantry: Monday-Friday 9:00am-5:00pm

### **Saint Vincent DePaul Society**

Address: 320 Broadway St., Waterloo, IA 50703

Phone: 319.232.3366

Website: [www.svdpusa.org](http://www.svdpusa.org)

Pantry: Monday-Friday 9:00am-11:30am

### **Salvation Army**

Address: 89 Franklin Street, Waterloo, IA 50703

Phone: 319.235.9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

Pantry: Monday-Friday 9:00am-11:00am

Bread/Produce Giveaway: Monday-Friday 12:00pm-1:00pm

**St. Luke's Episcopal Pantry**

Address: 2410 Melrose Dr., Cedar Falls, IA 50613

Phone: 319.277.8520

Website: <http://stlukescf.org>

Pantry: 3<sup>rd</sup> Sunday of month 5pm-6pm

**St. Patrick's of Cedar Falls**

Address: 705 Main St., Cedar Falls, IA 50613

Phone: 319.266.3523

Website: [www.saintpatrickcf.org](http://www.saintpatrickcf.org)

Pantry: By Appointment (Monday-Friday 8:30am-5:00pm)

**St. Paul's UMC Pantry**

Address: 207 W. Louise St., Waterloo, IA 50704

Phone: 319.232.4790

Website: [www.stpaulsumcwaterloo.com](http://www.stpaulsumcwaterloo.com)

Pantry: By Appointment

**St. Timothy's Food Closet**

Address: 3220 Terrace Dr., Cedar Falls, 50613

Phone: 319.266.0464

Website: [www.sttims-umc.org](http://www.sttims-umc.org)

Pantry: 3<sup>rd</sup> Friday of month 1:00pm-4:00pm

**Trinity American Lutheran Church**

Address: 605 W. 4<sup>th</sup> St., Waterloo, IA 50702

Phone: 319.235.6269

Website: [www.trinitywaterloo.org](http://www.trinitywaterloo.org)

Pantry: By Appointment (Monday-Thursday 9am-3:30pm)

**WIC (Women, Infants, Children)**

Address: 1535 Lafayette St., Waterloo, IA 50703

Phone: 319.291.2065

Website: [www.operationthreshold.org](http://www.operationthreshold.org)

HOO: Monday-Tuesday 8:00am-5:30pm

Description: Provides food assistance, nutrition education, and referrals to pregnant and post-partum women and infants and children up to age 5.

**COMMUNITY MEALS****Apostolic Pentecostal Church**

Address: 1645 Downing Ave., Waterloo, IA 50701

Phone: 319.234.2920

Website: [www.apcwaterloo.com](http://www.apcwaterloo.com)

Meal: Last Thursday of the month 5:30pm-7:30pm

**Cathedral of Faith SBC Meals**

Address: 3040 Hammond Ave., Waterloo, IA 50702

Phone: 319.233.3236

Meal: Sundays from 11am-3:00pm

**Catholic Worker House**

Address: 321 8<sup>th</sup> St., Waterloo, IA 50704

Phone: 319.232.2116

HOO: Monday-Friday 4:00pm-9:00pm

**Cedar Falls Community Meals**

Address: 723 Washington St., Cedar Falls, IA 50613

Phone: 319.266.1271

Meal: 2<sup>nd</sup>-5<sup>th</sup> Tuesday from 4:30-6:00pm

**Cedar Valley Hospitality House**

Address: 1003 Mulberry St., Waterloo, IA 50703

Phone: 319.234.1311

Website: [www.waterloocatholics.org/cvhospitalityhouse.htm](http://www.waterloocatholics.org/cvhospitalityhouse.htm)

Description: Lunch at 11:30am every day. Food is available every day during business hours. Can do laundry, shower, & use computer from 9:00am-4:00pm

**Christian Fellowship Baptist Church Meal**

Address: 930 W 4<sup>th</sup> St., Waterloo, IA 50702

Phone: 319.232.2018

Meal: Call for information

**Feeding Our Neighbors- First UMC**

Address: 614 Randolph St., Waterloo, IA 50702

Phone: 319.235.7088

Website: <http://waterloofirst.org/>

Meal: 3<sup>rd</sup> Wednesday of the month from 5:00-6:00pm

**First Baptist Church**

Address: 434 Baltimore St., Waterloo, IA 50701

Phone: 319.234.1537

Meal: Last Wednesday of the month from 4:30pm-6:00pm

**Harvest Vineyard Church Meal**

Address: 715 E 4<sup>th</sup> St., Waterloo, 50703

Phone: 319.287.5711

Website: [www.waterlooharvestvineyard.wordpress.com](http://www.waterlooharvestvineyard.wordpress.com)

Meal: Every other Saturday 9:00am-11:00am

**Jesse Cosby Neighborhood Center: Senior Services**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319.234.1793

Website: [www.jessecosby.org](http://www.jessecosby.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: Senior congregate & home delivered meals

**Kimball Ave. United Methodist Church**

Address: 1207 Kimball Ave., Waterloo, IA 50702

Phone: 319.232.4103

Website: [www.kimballaveumc.com](http://www.kimballaveumc.com)

Meal: Every Monday night from 4:30pm-6:00pm

**Open Bible Church Meal**

Address: 928 Jefferson St., Waterloo, IA 50703

Phone: 319.235.6765

Website: [www.obcwaterloo.com](http://www.obcwaterloo.com)

Meal: Wednesdays at 6:00pm

**Sacred Heart**

Address: 627 W. 4<sup>th</sup> St., Waterloo, IA 50702

Phone: 319.234.4996

Website: [www.sacredheartwloo.org](http://www.sacredheartwloo.org)

Meal: Last Friday of the month from 4:30pm-6:00pm

**Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319.235.9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

Meal: Monday-Friday from 11:30am-1:00pm

**St. Luke's Episcopal Community Meal**

Address: 2410 Melrose Dr., Cedar Falls, IA 50613

Phone: 319.277.8520

Website: <http://stlukescf.org>

Meal: 3<sup>rd</sup> Sunday of month from 5:00pm-6:00pm

**St. Paul's United Methodist Church Meal**

Address: 207 W. Louise St., Waterloo, IA 50703

Phone: 319.232.4790

Website: [www.stpaulsumcwaterloo.com](http://www.stpaulsumcwaterloo.com)

Meal: 1<sup>st</sup> Wednesday night of the month from 5:30pm-6:30pm

Casual worship after meal

**Trinity American Lutheran Church**

Address: 605 W 4<sup>th</sup> St., Waterloo, IA 50702

Phone: 319.235.6269

Website: [www.trinitywaterloo.org](http://www.trinitywaterloo.org)

Meal: 2<sup>nd</sup> Wednesday of the month from 4:30pm-5:30pm

**Queen of Peace**

Address: 320 Mulberry St., Waterloo, IA 50703

Phone: 319.266.3655

Website: [www.cedarnet.org/dbq213](http://www.cedarnet.org/dbq213)

Meal: Tuesdays from 4:30pm-6:00pm

**Westminster Presbyterian Church Community Meal**

Address: 1301 Kimball Ave., Waterloo, IA 50702

Phone: 319.234.5501

Website: [www.wpcw.org](http://www.wpcw.org)

Meal: 1<sup>st</sup> Saturday of the month from 8:00am-9:00am

**HOUSING & RENT ASSISTANCE****Black Hawk County Community Services**

Address: 1407 Independence Ave. (2<sup>nd</sup> Floor), Waterloo, IA 50703

Phone: 319.291.2624

Website: [www.co.black-hawk.ia.us](http://www.co.black-hawk.ia.us)

HOO: Monday-Friday 8:00am-4:30pm

Description: Assistance for applicants who are in eviction or foreclosure situation to prevent eviction.

**Cedar Falls Housing Assistance**

Address: 220 Clay St., Cedar Falls, IA 50613

Phone: 319.273.8606

Website: [www.cedarfalls.com](http://www.cedarfalls.com)

HOO: Monday-Friday 8:00am-5:00pm

Description: Assisted housing programs

**Community Development- City of Waterloo**

Address: 620 Mulberry St., Waterloo, IA 50703

Phone: 319.291.4429

Website: [www.cityofwaterlooiowa.com/communitydevelopment](http://www.cityofwaterlooiowa.com/communitydevelopment)

Description: The Down Payment Assistance Program provides funds to help low-income, first-time home-buyers purchase an affordable home within their means. Also helps with emergency repairs (roof, furnace).

**Community Housing Initiative**

Address: 915 W. 4<sup>th</sup> St. Waterloo, IA 50702

Phone: 319.235.3000

Website: [www.chihousing.com](http://www.chihousing.com)

Description: Transitional housing, rental housing, & section 8 housing. Also provides housing for the elderly & those that are disabled.

**Eastside Ministerial Alliance: Crisis Prevention, Intervention, & Referral Program**

Address: 205 Adams Street, Waterloo, IA 50703

Phone: 319.235.5580

Website: [www.emacenter.org](http://www.emacenter.org)

HOO: Monday-Friday 9:00am-5:00pm

Description: Rent & mortgage assistance (assisting and connecting low income individuals and families with the resources, institutions, and agencies that can best serve them)

**Evansdale Municipal Housing Authority**

Address: 119 Morrell Court, Evansdale, IA 50707

Phone: 319.234.0385

Description: Rental assistance for low income persons

**House Christian Community Development: House of Hope**

Address: 306 Walnut St., Waterloo, IA 50703

Phone: 319.232.3823

Website: [www.houseofhopeccd.org](http://www.houseofhopeccd.org)

Description: Christian based two year transitional housing program for single mothers experiencing homelessness. Provides support & individualized case management to each of the women to help them identify the steps necessary to achieve a safe, stable, and secure home for themselves & their children

**Jesse Cosby Neighborhood Center: Crisis Assistance**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319.234.1793

Website: [www.jessecosby.org](http://www.jessecosby.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: Provides financial assistance for persons in need of rent assistance

**Operation Threshold**

Address: 1535 Lafayette St., Waterloo, IA 50703

Phone: 319.291.2065

Website: [www.operationthreshold.org](http://www.operationthreshold.org)

HOO: Monday-Thursday 8:00am-5:30pm, Friday 8:00am-12:00pm

Description: Offers Tenant Based Rental Assistance (TBRA) to help families and individuals find safe, decent, and affordable housing. Offers comprehensive financial and home-buyer classroom education services and individuals counseling services. Helps homeless veterans with deposit and first month's rent.

**Saint Vincent DePaul Society**

Address: 320 Broadway St., Waterloo, IA 50703

Phone: 319.232.3366

Website: [www.svdpsa.org](http://www.svdpsa.org)

HOO: Mon-Fri 9:00am-5:00pm

Description: Assists low income clients with rent & mortgage payments

**Salvation Army**

Address: 89 Franklin Street, Waterloo, IA 50703

Phone: 319.235.9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

HOO: Monday-Friday 7:30am-4:00pm

### **Waterloo Housing Authority**

Address: 620 Mulberry St., Waterloo, IA 50703

Phone: 319.233.0201

Website: [www.ci.waterloo.ia.us/housingauthority](http://www.ci.waterloo.ia.us/housingauthority)

HOO: Monday-Friday 8:00am-5:00pm

Section 8 Housing Sign-up: Thursdays only 8:00am-4:30pm

Description: Rent assistance payment and permanent housing for low income families or persons who are disabled & live in Waterloo.

## **UTILITIES & ENERGY ASSISTANCE**

### **Black Hawk County Community Services**

Address: 1407 Independence Ave. (2<sup>nd</sup> Floor), Waterloo, IA 50703

Phone: 319.291.2624

Website: [www.co.black-hawk.ia.us](http://www.co.black-hawk.ia.us)

HOO: Monday-Friday 8:00am-4:30pm

Description: Available for applicants in a disconnect situation. In considering payment of a utility bill, the applicant must have made a minimum of three payments or a reasonable effort during the moratorium towards the utility bill.

### **Eastside Ministerial Alliance: Crisis Prevention, Intervention, & Referral Program**

Address: 205 Adams Street, Waterloo, IA 50703

Phone: 319.235.5580

Website: [www.emacenter.org](http://www.emacenter.org)

HOO: Monday-Friday 9:00am-5:00pm

Description: Utilities assistance (assisting and connecting low income individuals and families with the resources, institution, and agencies that can best serve them)

### **Jesse Cosby Neighborhood Center: Crisis Assistance**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319.234.1793

Website: [www.jessecosby.org](http://www.jessecosby.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: Provides financial assistance for persons in need of utility assistance

### **Operation Threshold**

Address: 1535 Lafayette St., Waterloo, IA 50703

Phone: 319.291.2065

Website: [www.operationthreshold.org](http://www.operationthreshold.org)

HOO: Monday-Thursday 8:00am-5:30pm, Friday 8:00am-12:00pm

Description: Supplements the high cost of winter heating for low-income households and provides emergency furnace repairs or replacement for income qualifying homeowners

### **Saint Vincent DePaul Society**

Address: 320 Broadway St., Waterloo, IA 50703

Phone: 319.232.3366

Website: [www.svdpusa.org](http://www.svdpusa.org)

HOO: Monday-Friday 9:00am-5:00pm

Description: Provides utility assistance for those in need

### **Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319.235.9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

HOO: Monday-Friday 7:30am-4:00pm

## **CLOTHING & HOUSEHOLD FURNITURE**

### **Black Hawk County Community Services**

Address: 1407 Independence Ave. (2<sup>nd</sup> Floor), Waterloo, IA 50703

Phone: 319.291.2624

Website: [www.co.black-hawk.ia.us](http://www.co.black-hawk.ia.us)

HOO: Monday-Friday 8:00am-4:30pm

Description: Referrals for clothing will be made to local agencies and organizations to meet the basic need for clothing for Black Hawk Co. Residents.

### **Eye of the Needle**

Address: 522 Mulberry St., Waterloo, IA 50704

Phone: 319.215.6151

Website: [www.eyeoftheneedleia.com](http://www.eyeoftheneedleia.com)

HOO: Call for appointment

Description: Clothing for newborns-adults, household items, furniture, linens, and uniforms for work & school. Also provides laundry vouchers.

### **Saint Vincent DePaul Society**

Address: 320 Broadway Ave., Waterloo, IA 50703

Phone: 319.232.3366

Website: [www.svdpusa.org](http://www.svdpusa.org)

HOO: Monday-Friday 9:00am-5:00pm

Description: Provides assistance with furniture & clothing

## **EMERGENCY LODGING & SHELTERS**

### **Amani Community Services**

Phone: 319.232.5660

Description: Domestic violence & sexual assault agency serving African Americans

### **Catholic Worker House**

Address: 321 8<sup>th</sup> St., Waterloo, IA 50704

Phone: 319.232.2116

Website: [www.catholicworker.org](http://www.catholicworker.org)

### **Cedar Valley Hospitality House**

Address: 1003 Mulberry St., Waterloo, IA 50703

Phone: 319.234.1311

Website: [www.cvhospitalityhouse.org](http://www.cvhospitalityhouse.org)

HOO: Monday-Sunday 9:00am-4:00pm

Description: Daytime homeless shelter- provides breakfast, lunch, shower facilities, computer & phone access, free clothes, agency advocacy, and light meal on the weekends

### **Cedar Valley Friends of the Family: Friends' House Emergency Safe Shelter**

Address: PO Box 784 Waverly, IA 50677

Phone: 319.352.1108 or 1.800.410.7233

Website: [www.cvfriensofthefamily.org](http://www.cvfriensofthefamily.org)

HOO: Office- Monday-Friday 8:00am-4:30pm; Crisis Line- 24/7

Description: Women & children fleeing domestic or sexual violence are eligible for up to 30 days in Friends' House Shelter. Those staying in Friends' House receive crisis counseling, safety planning, case management, and other supportive services.

### **Salvation Army**

Address: 89 Franklin Street, Waterloo, IA 50703

Phone: 319.235.9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

HOO: Monday-Friday 7:30am-4:00pm

## **MEDICAL CARE & MEDICATION ASSISTANCE**

### **Allen College Engagement & Salvation Army Partnership (ACE-SAP): Free Medical Clinic**

Address: 207 Logan Ave., Waterloo, IA 50703

Phone: 319.235.9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

HOO: Call for schedule

Description: complete health history, full physical (health check-up), medications necessary for treatment, cholesterol & blood sugar screening, health education & referral, and immunizations as recommended

### **Black Hawk County Community Services**

Address: 1407 Independence Ave. (2<sup>nd</sup> Floor), Waterloo, IA 50703 (2<sup>nd</sup> floor)

Phone: 319.291.2624

Website: [www.co.black-hawk.ia.us](http://www.co.black-hawk.ia.us)

HOO: Monday-Friday 8:00am-4:30pm

Description: In emergency situation, the county does recognize the need for applicants to be treated at local hospital emergency rooms. The county will assist with the cost of local emergency room medical on a limited basis with a maximum pay out per fiscal year of \$1,000.00 per patient. Black Hawk County will assist applicants with the cost of their medication on a limited basis. Applicants must bring prescription into the office to determine if he/she is eligible for assistance.

### **Eastside Ministerial Alliance: Medical Clinic**

Address: 205 Adams Street, Waterloo, IA 50703

Phone: 319.235.5580

Website: [www.emacenter.org](http://www.emacenter.org)

HOO: Thursdays 6:00pm-8:00pm

Description: Serving the uninsured and the underinsured, the clinic provides free physicals and illness/minor injury care to all ages. The clinic is staffed by volunteer physicians and healthcare providers, working collaboratively within community agencies to provide services and education that promote health and wellness.

### **Black Hawk County Department of Human Services**

Address: 1407 Independence Ave, Waterloo, IA 50703

Phone: 319.291.2441

Website: [http://dhs.ia.gov/Consumers/Find\\_Help/County\\_Offices/BlackHawk.html](http://dhs.ia.gov/Consumers/Find_Help/County_Offices/BlackHawk.html)

HOO: Monday-Friday 8:00am-4:30pm

Description: Medicaid (Title 19) & Hawk-I

### **iHope Medical Clinic**

Address: 722 S. Hackett Rd., Waterloo, IA 50701

Phone: 319.830.5400

Website: <http://www.ihopemissionsbase.com/free-medical-clinic/>

HOO: Tuesdays 6:00pm-8:00pm (general medical care), 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> Wednesdays of the month 6:00pm-8:00pm (chiropractic clinic), and 2<sup>nd</sup> Tuesdays of the month 6:00pm-8:00pm (podiatry)

Description: Offers quality medical care to the poor, uninsured, and underinsured of the Cedar Valley. Staffed by volunteer accredited doctors and nurses.

### **People Community Health Clinic**

Address: 905 Franklin St., Waterloo, IA 50703

Phone: 319.272.4300

Website: [www.peoples-clinic.com](http://www.peoples-clinic.com)

HOO: Mon, Tues, Fri 8:00am-5:00pm & Wed, Thurs 8:00am-8:00pm

### **Saint Vincent DePaul Society**

Address: 320 Broadway St., Waterloo, IA 50703

Phone: 319.232.3366

Website: [www.svdpusa.org](http://www.svdpusa.org)

HOO: Monday-Friday 9:00am-5:00pm

Description: Provides limited financial aid with prescription medications

### **Salvation Army**

Address: 89 Franklin St., Waterloo, IA 50703

Phone: 319.235.9358

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

HOO: Monday-Friday 7:30am-4:00pm

Description: provides up to \$50 a year to help pay for prescriptions. Eyeglass Program- one time assistance.

## **BEHAVIORAL & MENTAL HEALTH ASSISTANCE**

### **Black Hawk-Grundy Mental Health Center**

Address: 3251 West 9<sup>th</sup> St., Waterloo, IA 50702

Phone: 319.234.2893 or 1.800.583.1526

Website: [www.bhgmhc.com](http://www.bhgmhc.com)

HOO: Monday-Friday 8:00am-5:00pm

Description: Mental health access program that provides information, referral, assessment, admission, case management, insurance verification, and easy access to mental health services both public and private.

### **Catholic Charities**

Address: 2101 Kimball Ave. (Suite 128) Waterloo, IA 50702

Phone: 319.272.2080

Website: [www.catholiccharitiesdubuque.org](http://www.catholiccharitiesdubuque.org)

HOO: By appointment

Description: General counseling for families & individuals, marriage counseling, and individual counseling for adults and adolescents. Counseling for anxiety, depression, stress reduction, etc.

### **Families First Counseling Services**

Address: 3604 Kimball Ave., Waterloo, IA 50701

Phone: 319.433.0395 or 888.316.3025

Website: [www.families-first.net](http://www.families-first.net)

HOO: Monday-Friday 8:00am-4:30pm

Description: Offers an in-home service to individuals with Title 19 Insurance (Iowa Medical Card). These services are designed to help individuals, children & adults, develop and enhance the skills needed to assist them cope with the day-to-day events.

### **Pathways Behavioral Services**

Address: 3362 University Ave., Waterloo, IA 50701

Phone: 319.235.6571

Website: [www.pathwaysb.org](http://www.pathwaysb.org)

HOO: Monday-Thursday 7:00am-6:00pm, Fri 7:00am-12:30PM

Description: The mental health center clinical staff includes psychiatrist, nurse practitioners, clinical social workers, and mental health counselors that provide a wide range of mental health services including individual, family, marital counseling, school-based programming, medication management, and 24-hour emergency service.

### **Quakerdale of Waterloo**

Address: 140 S. Barclay Waterloo, IA 50703

Phone: 319.233.2554

Website: [www.quakerdale.org](http://www.quakerdale.org)

Description: a variety of programs for families and children

## **FAMILY & INDIVIDUAL PROGRAMS**

### **Eastside Ministerial Alliance: A.S.S.E.T.S. (Achieving Self Sufficiency & Excellence Through Support)**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319.235.5580

Website: [www.emacenter.org](http://www.emacenter.org)

HOO: Monday-Friday 9:00am-5:00pm

Description: Helps families break from the cycle of poverty by developing life-skills to achieve self-sufficiency. The program strives to promote economic stability, education/career development, and psychological health stabilization to help families overcome behaviors that perpetuate generational poverty.

### **Jesse Cosby Neighborhood Center: Empowerment Program**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319.234.1793

Website: [www.jessecosby.org](http://www.jessecosby.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: Offers addiction group counseling, community service activities and other educational programming such as the legal clinic, financial management, citizenship restoration, fair housing, and lead based paint awareness, health screenings, home buyer and voter education.

### **Operation Threshold: Family Development & Self-Sufficiency Program (FaDSS)**

Address: 1535 Lafayette St., Waterloo, IA 50704

Phone: 319.291.2065

Website: [www.operationthreshold.org](http://www.operationthreshold.org)

HOO: Monday-Thursday 8:00am-5:30pm & Friday 8:00am-12:00pm

Description: An intensive, voluntary, one-on-one case management program to assist families with transitioning from welfare to work. The program assists families through intensive case management including home visits, support, assessment, and goal setting.

### **Operation Threshold: Nest Program**

Address: 1535 Lafayette St., Waterloo, IA 50704

Phone: 319.291.2065

Website: [www.operationthreshold.org](http://www.operationthreshold.org)

HOO: Monday-Thursday 8:00am-5:30pm & Friday 8:00am-12:00pm

Description: Incentive programs for low income pregnant and post-partum women, parents with infants up to age 4.

## **EMPLOYMENT ASSISTANCE**

### **AARP Foundation- Senior Employment**

Address: 223 E 4<sup>th</sup> St., Waterloo, IA 50703

Phone: 319.234.0206

Website: [www.aarpworksearch.org](http://www.aarpworksearch.org)

HOO: Monday-Friday 8:00am-4:00

Description: Provides employment assistance to older job seekers 55+. Services include skill assessment, paid training opportunities, job search assistance, and community referrals.

### **Eastside Ministerial Alliance: Iowa Career Access Point (ICAP)**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319.235.5580

Website: [www.emacenter.org](http://www.emacenter.org)

HOO: Monday-Friday 9:00am-5:00pm

Description: Provides computer usage to those who need to search & apply for jobs online. Also offer resume assistance & information about filing for unemployment claims.

### **Cedar Valley IowaWORKS Center**

Address: 3420 University Avenue Waterloo, IA 50701

Phone: 319.235.2123

Website: [www.iowaworkforce.org/region7/waterloo.htm](http://www.iowaworkforce.org/region7/waterloo.htm)

HOO: Mon, Tues, Wed, & Fri 8:30am-4:15pm and Thurs 9:00am-4:15pm

Description: Skills Development Area, Unemployment Insurance, Promise Jobs, Reemployment Services, Work Permits, Veterans Services, National Career Readiness Certificate (NCRC) & Workforce Investment Act Services

### **Iowa Vocational Rehabilitation Services**

Address: 3420 University Ave. (Suite D) Waterloo, IA 50701

Phone: 319.234.0319

Website: [www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)

HOO: Monday-Friday 8:00am-4:30pm

Description: Provides vocational services to individuals with disabilities.

### **Jesse Cosby Neighborhood Center: Employment Preparation & Placement**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319.234.1793

Website: [www.jessecosby.org](http://www.jessecosby.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: Employment preparation & placement services for unskilled, low income, or formerly incarcerated persons



## **LEGAL ASSISTANCE**

### **Iowa Legal Aid**

Address: 607 Sycamore St., (Suite 206) Waterloo, IA 50703

Phone: 319.235.7008 or 1.800.532.1275

Website: [www.iowalegalaid.org](http://www.iowalegalaid.org)

HOO: Monday-Friday 8:30am-4:30pm

Description: free legal assistance with civil legal problems involving basic necessities for low-income individuals; assistance ranges from providing counsel and advice to representation before various agencies and courts.

### **Jesse Cosby Neighborhood Center: People's Law Clinic**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319.234.1793

Website: [www.jessecosby.org](http://www.jessecosby.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: Offers legal consultation to low income individuals & families

## **CHILD CARE ASSISTANCE**

### **Black Hawk Department of Human Services**

Address: 1407 Independence Ave., Waterloo, IA 50704

Phone: 1.866.448.4605

Website: [http://dhs.ia.gov/Consumers/Find\\_Help/County\\_Offices/BlackHawk.html](http://dhs.ia.gov/Consumers/Find_Help/County_Offices/BlackHawk.html)

HOO: Monday-Friday 8:00am-4:30pm

Description: Child care services are provided to people participating in activities approved under the Promise Jobs Program and people who receive FIP assistance.

### **Child Care Resource & Referral (CCF&R)**

Address: 3675 University Ave., Waterloo, IA 50704

Phone: 1.800.475.0804

Website: [www.iowaccrr.org](http://www.iowaccrr.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: CCR&R is available to assist families in selecting child care providers who best meet the needs of a child and their family.

## **VETERANS AFFAIRS**

### **Black Hawk County Veterans Affairs Department**

Address: (1<sup>st</sup> Floor) 1407 Independence Ave., Waterloo, IA 50703

Phone: 319.291.2512

Website: [www.co.black-hawk.ia.us/depts/veterans.html](http://www.co.black-hawk.ia.us/depts/veterans.html)

HOO: (By appointment) Monday-Friday 8:00am-4:30pm

Description: Assistance with food, shelter, utilities, dental, eye glasses, medication, telephone, burial, clothing/furniture, education, home repairs, medical, and transportation

## **V.I.T.A. (VOLUNTEER INCOME TAX ASSISTANCE)**

### **Eastside Ministerial Alliance**

Address: 205 Adams St., Waterloo, IA 50701

Phone: 319.235.5580

Website: [www.emacenter.org](http://www.emacenter.org)

HOO: Call for hours

Description: Assists low-income persons with tax preparation services free of charge. The goal of the program is to help families receive all of their tax refunds and build assets.

### **Operation Threshold**

Address: 1535 Lafayette St., Waterloo, IA 50704

Phone: 319.291.2065

Website: [www.operationthreshold.org](http://www.operationthreshold.org)

HOO: Call for hours

Description: This service is provided from late January through early March. Tax forms are prepared for free by trained volunteers for low-income families.

### **Retired & Senior Volunteer Program**

Address: 2101 Kimball Ave. Suite 121. Waterloo, IA 50702

Phone: 319.272.2250

Website: [www.rsvpserves.com](http://www.rsvpserves.com)

HOO: Call RSVP for specific information on hours of operation per location and/or to schedule an appointment

Description: Trained RSVP volunteers provide tax preparation assistance for low-moderate incomes during tax season.

**Salvation Army**

Address: 218 Logan Ave., Waterloo, IA 50703

Phone: 319.232.6336

Website: [www.usc.salvationarmy.org/waterloo](http://www.usc.salvationarmy.org/waterloo)

HOO: Call for hours

Description: Services to assist seniors and low-income families in preparing their tax returns. Services include property tax forms and rent reimbursements.

**TRANSPORTATION ASSISTANCE****Eastside Ministerial Alliance: Crisis Prevention, Intervention, & Referral Program**

Address: 205 Adams St., Waterloo, IA 50703

Phone: 319.235.5580

Website: [www.emacenter.org](http://www.emacenter.org)

HOO: Monday-Friday 9:00am-5:00pm

Description: Transportation assistance (Assisting & connecting low income individuals & families with the resources, institutions, & agencies that can best serve them)

**Eye of the Needle**

Address: 522 Mulberry St., Waterloo, IA 50704

Phone: 319.215.6151

Website: [www.eyeoftheneedleia.com](http://www.eyeoftheneedleia.com)

HOO: call for appointment

Description: bus passes

**Jesse Cosby Neighborhood Center: Crisis Assistance**

Address: 1112 Mobile St., Waterloo, IA 50703

Phone: 319.234.1793

Website: [www.jessecosby.org](http://www.jessecosby.org)

HOO: Monday-Friday 8:00am-4:30pm

Description: Provides financial assistance for person in need of transportation assistance

**OTHER****Hope 4 Healing Resource Assistance Network**

Waterloo Campus: 319.233.2554

Email: [hope4healing@quakerdale.org](mailto:hope4healing@quakerdale.org)

**Love INC. of the Cedar Valley**

Clearinghouse Hours: Monday, Wednesday, & Friday 9:00am-12:00pm

Phone: 319.266.1264

Website: <http://loveinccedarvalley.org/>

Description: Love INC. is a referral sources that connects people to community agencies & churches to help them meet their needs (food, clothing, gas cards, bus passes, medical supplies, transportation help, etc.)

**United Way 211**

Phone: 1.866.469.2211 (toll-free) or 319.739.4211 (from a cell phone or pay phone)

Description: United Way 211 is a free, confidential service that connects individuals and families to community resources and the services they need